Ayurveda, Nature's Medicine - David Frawley - 2001
Contains full descriptions of Ayurvedic foods and herbs from all over the world.

Charaka-samhita

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Integrative Neurology

John W. McBurney - 2008-10

Dementia, Parkinson’s Disease, Headache

How to prevent and treat heart disease with Maharishi Consciousness based care. Readers discover a bold new approach to heart disease management on the world’s oldest holistic system of care.

A Brief History of Ayurveda

M.R. Raghava Raturi - 2020-06-12

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In the history of medicine, Ayurveda alone has experienced a gradual erosion—a process that accelerated with the advent of colonialism. Further, he makes use of Jain and Buddhist sources to question the assumption that Ayurveda is a purely Hindu or Brahmanical system, thus providing a historiographical frame for conceptually establishing the notion of Ayurveda.

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Nag Vimana in Caraka samhita - Maltela Gaumth - 2010-10-20

Nag Vimana in Caraka samhita is a compendium of information about ‘Manas’ collected from the ‘Charaka samhita’. All those relevant portions of Ayurveda which have relation with manas are collected and represented in order to interpret the knowledge initial. A bell book to the department of Nag Vimana.

Sahasrayogam - R. Vidyasahat - 2006

Ancient treatise on ayurvedic system in Indic medicine; Sanskrit text with English translation.

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Bhṛgusa Tīrtha - T. M Rao - 2008

Bhṛgusa Tīrtha is an astrological classic written by Maharishi Brihag in the Vedic Period. This was the first treatise on astroactive astrology. It is further explained in the Bhṛgusa Samhita in the Bhṛgusa Tīrtha’s version of the original Bhṛgusa Samhita. It is specially written to cater to the needs and interests of both laymen and experts. It provides valuable hints on how to find out the character of a native, his moral inclination, and his fortunes and misfortunes in various walks of life. It also imparts useful information with regard to longevity and prosperity. Further, his particular content provides much work in the Bhṛgusa Tīrtha. The Bhṛgusa Tīrtha’s version of the Bhṛgusa Samhita would enable not only a professional astrologer, but also an amateur to predict with accuracy the future of the native and form an opinion as to how a planet is disposed in a particular nativity.

Agni Vīśeṣa’s Caraka Samhita

Agniveśa - 2005

Agni Vīśeṣa is an astrologer and scholar of the 10th century CE, who in his Caraka Samhita mentions a series of planets which he considered to be beneficents, and their treatment in Indian medical literature from early times to the present day is the first of its kind. These treatments are mentioned in the Caraka Samhita. It is a series of hypothetical objections by possible opponents with replies by Vasishthi. The objections of opponents take the realistic, no-nonsense position that the things seen, heard, smelled, etc., are real things that exist in the world outside the mind. The objections are presented as real, as there is no possibility for the objects to be merely mental constructs. Vasishthi counters each argument, explaining why the realistic argument is fallacious, and why objections of opponent cannot be considered to exist apart from consciousness.

Āyurveda: Acanthosoma terrestris - 2022-03-15 by guest

Modifications with state-of-the-art medical treatment to offer a new vision for neurological care. The authors begin by looking inward at the crisis of stress and burnout that confronts all of medicine, but particularly in neurology. It provides on go on to provide a selective yet in-depth review of important topics in neurological practice from the perspective of Integrative medicine is defined as a healing-oriented medicine that takes account of the whole person (body, mind, and spirit) as well as all aspects of lifestyle. It emphasizes the therapeutic relationship and makes use of appropriate therapies, both conventional and alternative. Series editor Andrew Weil, MD is Professor and Director of the Arizona Center for Integrative Medicine at the University of Arizona. Dr. Weil’s program was the first such academic program in the US, and his stated goal is “to combine the best ideas and practices of conventional and alternative medicine into cost effective treatments without enhancing alternative practices unnecessarily.”

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Ayurveda is widely considered to be one of the oldest health care traditions still in practice today. Originating in India over 3,000 years ago, it is now increasingly recognized and practiced globally including in many European countries and the United States. Food and nutrition play a crucial role in the health care wisdom of Ayurveda. The Ayurvedic Science of Food and Nutrition discusses the various principles of healthy eating as prescribed by Ayurveda. Divided into three sections, it addresses the fundamentals, the clinical applications, and the future challenges of Ayurveda. Specifically, the book discusses issues such as the concept of diet, the use of food as medicine, especially to treat diabetes and cancer, convalescent food practices, and fasting therapy. The Ayurvedic Science of Food and Nutrition is unique in that it is one of the only books to investigate the scientific rationale behind Ayurveda, enabling this health care tradition to potentially be incorporated into a Western clinical practice model when this latter conventional therapy is found to be ineffective.
